

Effects of Pesticides Used in Controlling Pistachio Psyllid on Human Health, and Control Strategies

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Due to the ever-increasing population growth, the need for agricultural and food products has increased. In this respect, the use of pesticides has increased significantly in the agricultural sector to control agricultural pests. In the world's agricultural sector, about 0.08 kg of pesticides is consumed per hectare, with this amount being about 7 kg in Iran [1]. The global consumption of pesticides, in 2017, was estimated at 4.11 million tons, which increased by 80% as against 1990. Due to the unfamiliarity with correct spraying principles, spraying operations are performed incompletely or irregularly [2- 4].

Pistachios are among the most important agricultural products in Iran, which are exported and consumed to a considerable extent. The majority of crops become infected with some pests in various periods. Pistachio psyllid is one of the most damaging pests of pistachios. This insect uses the plant's leaves and sap and makes the leaves dry and fall off. In

case this pest, i.e. pistachio psyllid, is not controlled and its population increases, it will damage the plant's buds and fruit, thereby causing pistachios to become blank (hollow) [5]. Thus far, various insecticides have been used in controlling pistachio psyllid, namely Amitraz, Chlorpyrifos, Acetamiprid, Imidacloprid, Spirotetramat, Lufenuron, Hexaflumuron, Thiamethoxam, etc. [6- 8]. However, the use of some of these pesticides, such as Chlorpyrifos, has been restricted in recent years. From among the aforementioned pesticides, Acetamiprid and Imidacloprid are the most widely used pesticides in the world, which are utilized in controlling pistachio psyllid [9- 11].

Additionally, Acetamiprid and Imidacloprid are systemic, contact, and digestive pesticides of high local penetration, which belong to a new group of pesticides named Neonicotinoids. These pesticides are highly soluble in water and are highly capable of controlling sucking pests, such as aphids, psylla, and weevils

[12- 14]. It is estimated that this group of insecticides form more than 20% of the share of the global market [15]. Given the high stability of this group of pesticides in water and soil resources, as well as various environmental problems they pose, they were covered by strict environmental laws in the late 1990s. Accordingly, the use of Neonicotinoids was restricted by the European Union as well as some other countries, yet many countries are still using them. Continuous and unsystematic use of these pesticides over the period of several years creates pesticide resistance, destroys natural enemies of pests, leads to the more severe prevalence of pests, and endangers human health. If pesticides are used inappropriately and irresponsibly for agricultural purposes, they cause problems directly and indirectly for human health and other organisms.

Direct effects of pesticides are exerted through skin contact with and inhalation of pesticide aerosols in humans during spraying operations, which affect the skin and lungs, thereby disrupting their function; besides, indirect effects of pesticides are exerted through the washing of pesticides from the plant surface, which results in the contamination of soil as well as surface water and groundwater. Under such conditions, some toxins can be transferred to the pistachio crop. One of the most serious environmental problems in the world is the contamination of water resources and agricultural products with

pesticides [4]. The European Union has declared the allowable limit of insecticides in potable water to be 0.1µg/L for the main compounds and some products produced by their decomposition, and 0.5µg/L for all compounds [16].

Consumption of contaminated water and agricultural products could create some problems for the users. Such effects vary based on the type and concentration of the pesticide. Epidemiological and toxicological studies have reported a relationship between the use of agricultural products and water contaminated with pesticides with problems, such as DNA damage, endocrine disruptors, fertility disorders, precocious puberty, cancer, liver problems, cardio-renal disease, weakened immune system, allergies, headaches, and dizziness [17-20]. Thus, a variety of solutions are proposed for controlling these problems. Accordingly, giving training to farmers in the basic principles of spraying, preventing irregular spraying, choosing the right pesticide for controlling pests, observing requirements of the pre-harvest interval (the allowed time between the last spraying operation to the harvest time), choosing the right spraying time (spraying should not be done before pests are seen), using high quality pesticides at standard concentrations in controlling pests, and utilizing spraying tools can reduce complications and problems caused by pesticides to a great extent.

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